

# **UNITY PRAYER CHAPLAIN Q&A INFORMATION**

Updated February 5, 2024

# What Does a Unity of Buffalo Prayer Chaplain do?

- Pray
- Create and hold sacred space
- Listen with compassion and hold what is said in strictest confidence
- Support the spiritual journey for self as well as for others
- Practice self-care
  Please see the Prayer Chaplain Position Description for more details

## **How can I become a Unity of Buffalo Prayer Chaplain?**

## 1. Qualifications:

- a. Be an official Member of Unity of Buffalo (requires annual recommitting)
- b. Regularly attend Sunday Services for at least 1 year
- c. Complete "Foundations of Unity," a 5-week online class which includes basic Unity Principles from "Lessons in Truth" and "Discover the Power Within You" https://uwsi.geniussis.com/registration.aspx?af=6 or https://www.unityfay.org/node/42197
- d. Complete the 6-week course "The Art of Quantum Living" which includes a 21-day practice.

### 2. Attend 2024 Annual Training (Required for new and recommitting Prayer Chaplains)

- Saturday, March 23, 2024 from 9:00 am-3:30 pm in person at church
- Tuesday April 2, 2024 from 3:30 5:00pm on zoom with Rev Mary (covering Warning Signals)
- Saturday, April 20, 2024 from 9:00am-3:30 pm in person at church

### 3. Additional Requirements for prospective new Prayer Chaplains:

- a. Attend Prayer Chaplain Q & A-Sunday 9/10/23
- b. Be able to make the 1-year commitment to the Prayer Chaplain Program which begins in June and ends May 31st.
- c. Read "COME APART AWHILE" by Robert and Janet Ellsworth. For each chapter, write a response to this question: What in this chapter is most relevant to your spiritual growth and development, and how will you implement this in your life? Your written responses are due by the last weekend in May, before the dedication service.

d. After the annual training, meet with Rev. Mary Masters and Prayer Chaplain Program Director, Mary Beth Wollenschlaeger in order to determine if this is the right time for you to become a Prayer Chaplain.

<u>Dedication ceremony</u>: usually held the 1st or 2<sup>nd</sup> Sunday in June during church service. New and returning Prayer Chaplains are dedicated annually for their 1-year commitment ending May 31<sup>st</sup>.

**AND FINALLY...** We want to emphasize this is a discernment process. Not everyone who takes the Prayer Chaplain training will automatically become a Unity of Buffalo Prayer Chaplain. Prospective Prayer Chaplains will meet with Rev. Mary and Prayer Chaplain Program Director, Mary Beth Wollenschlaeger after the annual training for a personal interview to discern if this is the right time for the applicant to become a Prayer Chaplain.